



JABALPUR INSTITUTE OF NURSING SCIENCES & RESEARCH

(REGG. BY - INC (NEW DELHI), MPNRC (GOVT. OF M.P.) AFFI. TO - M.P. MEDICAL SCIENCE UNIVERSITY, JABALPUR

Hitkarini Sabha Parisar, Jonesganj, JABALPUR (M.P.) - 482001

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2.3.5 The teaching learning process of the institution nurtures creativity, analytical skills and innovation among students

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2.3.5 The teaching learning process of the institution nurtures creativity, analytical skills and innovation among students

The teaching learning process of the institution provides opportunities to students to nurture their critical thinking, analytical skills and innovation activities. Students actively participate in curricular, co-curricular, extra curricular, out reach and extension activities to attain contemplation of various skills. Students are awarded for their achievements during Arts Day Celebration.

Creative Activities

The college encourages the students to publish their ideas, thoughts and creativity in college Newsletter. The creative thoughts and idem of the students are published in the college.

Audio Visual Aid Exhibition:

Audio Visual Aid exhibition is conducted every year by the students, where they prepare different types of Audio Visual Aids and display it on the audience.

Quiz Competition:

Students participates in various inter collegiate quiz competition. Quiz competitions are organized by different departments of the institution.

Poster Presentation:

Students are preparing Posters for the various specialization. Students participate in poster presentation competitions.

Health Model Exhibition:

Students are very much interested in creating different models and exhibit in various exhibitions at the intra and inter institutions level.

IDEA Fest

The future of healthcare technology is entering a new era researchers, innovators, and lawmakers strive to improve the accessibility, effectiveness, and cost of care. To build more Entrepreneurs from the field of Nursing, the College of JINSAR under the Guidance & Supervision of the Coordinator. The competition was very interesting and enthusiastic and the students put forward many ideas that empower the transition of healthcare delivery away from the point-of-care model to the more efficient, effective whole-patient approach to care.

Organic Garden

JINSAR had organized for mankind to protect and safeguard Mother Earth for making the earth a better place for the coming generations, the basic theory in organic gardening is that "Nature Knows Best". The organic garden nurtures the ground and therefore all that springs above it through techniques or systems that are found in nature, seeks to live a cleaner, health inexistence and more in an earth-friendly way. The B.Sc. & M.Sc. Nursing Students and all the faculties of the Institution worked together to build up the new organic garden on the camp



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Analytical work

Research Projects

The analytical skills of the students are improved by their involvement in various activities like Research Projects, Case Presentations and Bedside Clinics by taking the History of the Patient, prioritizing their symptoms, setting goals, formulating nursing diagnosis, planning the nursing care and attaining the positive outcome of the patient in clinical. Through the community surveys, the students can identify the Patients Symptoms and provide nursing care based on the concept of Primary, Secondary and tertiary Prevention.





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CREATIVE ACTIVITIES

OFFICIAL RELEASE OF NEWS LETTER

A college newsletter is the perfect medium to allow responsible expression, challenging of ideas peer-to-peer, influence, and much more. A newsletter can provide updates and information on the way in which the institution is moving to achieve its goal. It projects the curricular, cocurricular and extra curricular activities, events, and performances conducted in the institution to the outside world.





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Report on Audio Visual Aid Exhibition

Jabalpur Institute of Nursing Science and Research

Date: 6th October 2023

The Jabalpur Institute of Nursing Science and Research held an Audio Visual Aid Exhibition on 6th October 2023 to promote innovative teaching strategies in nursing education. Inaugurated by Principal Dr. Sapna Das and coordinated by Mrs. Princey Shahji and Mrs. Swapnil Masih, the event featured creative presentations by students, including models, charts, posters, and videos. Exhibits covered key healthcare topics and were judged on clarity, creativity, and presentation. Faculty and visitors praised the students' efforts, and the exhibition served as a platform to enhance communication and teaching skills, reflecting the institute's commitment to dynamic, technology-integrated learning.





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QUIZ COMPETITION

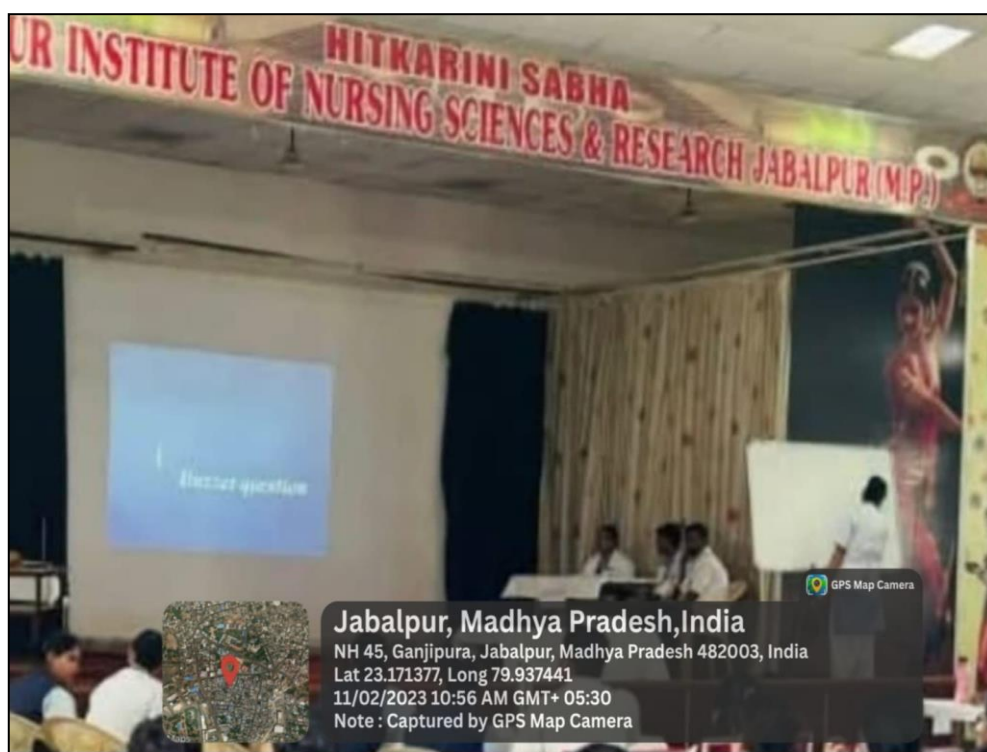
Quiz competition was organised on 11.2.2023 Saturday at JINSAR auditorium. It was conducted by Mrs. Princey Shahji Mrs. Sangeeta Pillai and Mrs. Vandita. Competition involved three teams. Questions were prepared from whole of nursing subjects. Students showed great enthusiasm and participated.

Winners of this competition were team A participants

Aachi Prasarma (Bsc Nursing 4th year)

Rachna (Bsc Nursing 4th year)

Niyamat (Bsc Nursing 2nd year)





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HEALTH MODEL AND SCIENCE EXHIBITION

The Hitkarini Sabha organized the Inter-Hitkarini Science Exhibition on 13th October 2023. This event is a vital part of child development, emphasizing co-curricular activities that contribute to the holistic growth of students and enhance their talents. Students from JINSAR participated in Inter-Hitkarini Science Exhibition under the guidance of Dr. Sapna Das, Principal, and Dr. Princey Shahji, Vice Principal. The event was coordinated by Mr. Ashish Daud. Participants created both working and non-working models, showcasing their creativity and scientific knowledge.

The participants included Ms. Pooja, Ms. Sakshi, Ms. Arti, Ms. Riya, Ms. Anushka, Ms. Priyanka Shandilya, Ms. Sakshi Dwivedi, Ms. Priyanka Shah, and Ms. Ojasvi. They presented a remarkable model on ART techniques, which earned them the 1st place in the science exhibition. Each participant demonstrated great effort and dedication throughout the event.

Overall, the event was a wonderful experience for everyone involved, showing the hard work and dedication of the participants. It was great to see the enthusiasm and effort from the students. The success of this exhibition encourages more participation in similar activities, promoting creativity and teamwork among students.





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Report on Nutritional Programme – 05.09.2023

A Nutritional Programme was conducted on 5th September 2023 at JINSAR by the first-year students, under the coordination of Swapnil Masih. The event aimed to raise awareness about the importance of nutrition and healthy eating practices. Students presented informative charts, posters, and models on balanced diets and food groups. Interactive sessions and quizzes were held to engage the audience and reinforce learning. The programme was well-received by faculty and students, reflecting the enthusiasm and teamwork of the participants. Coordinator Swapnil Masih guided the event efficiently, making it a successful and educational experience.





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QUIZ COMPETITION

On 07/12/2024, a Quiz Competition was organized by the Jabalpur Institute of Nursing Sciences & Research (JINSAR) in the JINSAR auditorium to enhance the knowledge of all B.Sc nursing students. This programmed was conducted under the guidance of Principal Dr. Sapna Das and Vice-Principal Dr. Princey Shaji. The event was hosted by Ms. Rishika Kothari, with the rules of the quiz explained by Ms. Arnica Joseph. The scoreboard was maintained by Mrs. Muriel Christopher Samuel, and the slide presentation was managed by Mr. Ashish Daud. Highlights of the Quiz Competition:

Teams: Group A: Ishita, Saniya, Manisha

Group B: Sakshi, Joshi, Swati Soni

Group C: Rachana, Niharika

Group D: Kanak, Yashi, Suraj

Group E: Marian, Niyamat, Deepa Kol

All participants performed admirably in every round!

Winners: 1st Place: Group E,

2nd Place: Group A

3rd Place: Group D .

The names of the winners were announced by Resp. DR. ANOOP TIWARI sir.





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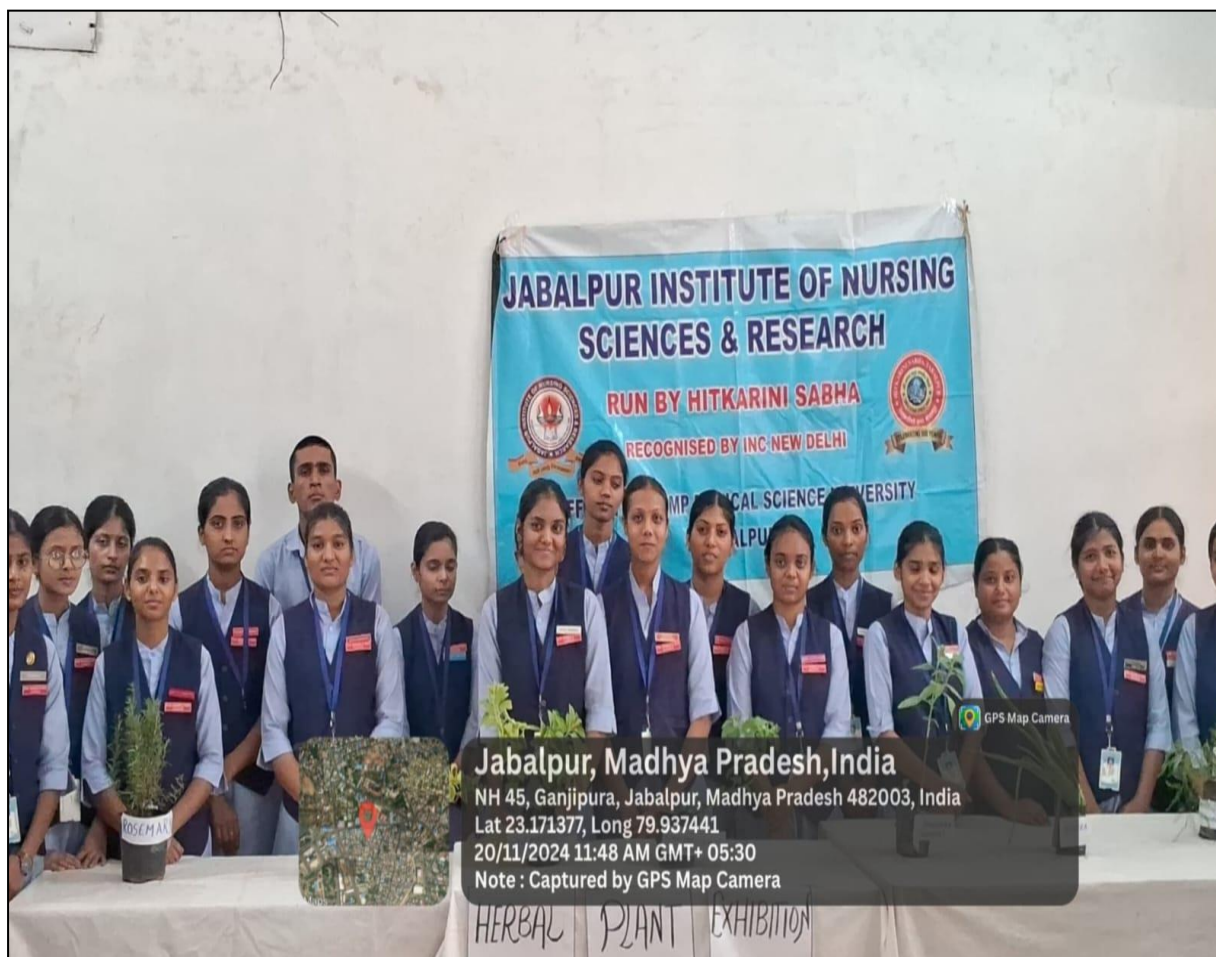
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Report on Herbal Plant Exhibition

The Jabalpur Institute of Nursing Sciences & Research (JINSAR) organized a "Herbal Plant Exhibition" on 20th November 2024 at its campus in Jabalpur, Madhya Pradesh. The event was held under the guidance of the coordinating teachers, Mrs. Swapnil Masih and Mr. Ashish Daud, and was a commendable initiative by the B.Sc. (N) 3rd year students.

The exhibition began at 4:00 PM and showcased a diverse collection of medicinal and herbal plants. Students demonstrated their knowledge through informative displays and presentations, educating attendees about the significance, uses, and medicinal properties of various herbal plants. The activity emphasized the importance of natural remedies and traditional knowledge in the field of healthcare.





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NUTRITION FEST

A group discussion was conducted at JINSAR by students on 14 October 2024. The session aimed to enhance communication skills, critical thinking, and teamwork. Students actively participated, presenting diverse viewpoints and engaging in meaningful debates. The discussion was well-organized, with each member given equal opportunity to speak. Moderators ensured that the conversation remained respectful and focused. Participants demonstrated good listening skills, building on each other's ideas and providing constructive feedback. Overall, the group discussion helped students develop confidence, leadership qualities, and better understanding of the topic. It was a successful and enriching learning experience for all involved.





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Poster and Rangoli Competition Report

Poster and Rangoli Competitions were also conducted on 06/04/24, co-ordinated by MS. REENA ROHITAS, MR. SANJEEV SWARNAKAR, & MS. SAPNA SINGH, Total 10 students were participated in poster competition, 1st position secured by Ms. Ishita, 4th year & 2nd position was secured by Ms. Shikha, 3rd year and 12 students were participated in Rangoli competition, 1st position secured by Ms. Ojassvi, 4th year & 2nd position was secured by Ms. Vaishali, 2nd year.





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Report on Idea Fest 2024

Event: Idea Fest

Date: 14th November 2024

Venue: Auditorium JINSAR College

Coordinator: Mr. Ashish Daud

The Idea Fest 2024 was successfully organized on 14th November 2024 at the college auditorium in Jinsar. The event, coordinated by Mr. Ashish Daud, aimed to encourage innovation, creativity, and entrepreneurial thinking among students.

A large number of students from various departments participated in the fest, showcasing their unique ideas and projects. The fest featured idea presentations, prototype displays, and interactive sessions with guest speakers from the startup ecosystem. The program began with a welcome speech by the coordinator, followed by a keynote address by a guest entrepreneur who highlighted the importance of innovation in today's fast-changing world. The ideas were evaluated by a panel of judges, including **Mrs. Shilza Hunka, Professor at Hitkarni Engineering College**, based on criteria such as creativity, feasibility, and potential impact. The top three teams were awarded prizes and certificates in recognition of their outstanding efforts.





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Report on AV Aids Exhibition

Date: 14th August 2024

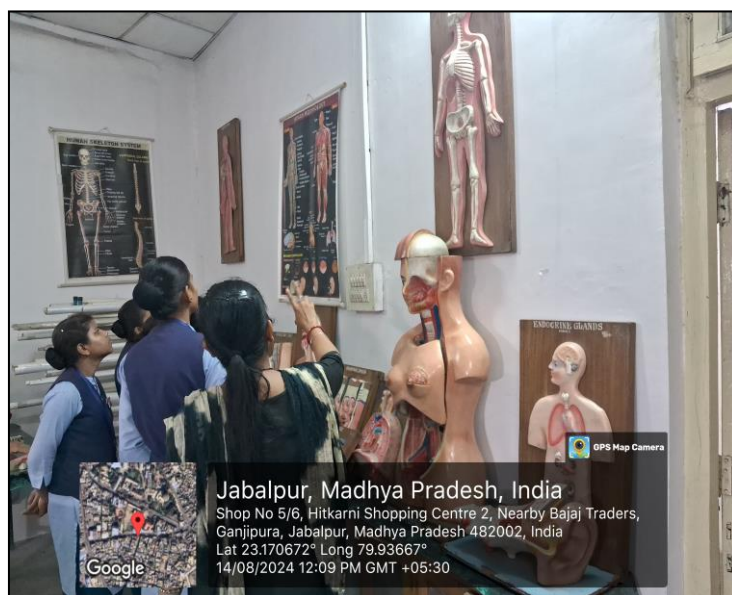
Venue: JINSAR

Organized by: 3rd Year Students

Coordinated by: Mrs. Swapnil Masih

An Audio-Visual (AV) Aids Exhibition was successfully organized on 14th August 2024 at JINSAR by the 3rd year students, under the able coordination of Mrs. Swapnil Masih. The event aimed to showcase the creative teaching aids designed by students to enhance the effectiveness of classroom teaching and learning.

The exhibition featured a wide range of models, charts, posters, and digital presentations covering various academic topics. Students demonstrated innovative approaches to teaching through visual storytelling, interactive displays, and digital tools. Each AV aid was thoughtfully crafted to ensure clarity, engagement, and educational value.





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Report on Nutrition Fest Programme – 16.04.2024

A Nutrition Fest was successfully organized on 16th April 2024 at JINSAR, coordinated by Martina Poul and Ashish Masih. The event aimed to promote awareness about balanced diets, healthy eating habits, and nutritional well-being. Various informative sessions, interactive activities, and exhibitions were conducted, engaging students and faculty alike. Expert talks on diet and lifestyle encouraged participants to adopt healthier food choices. The fest witnessed enthusiastic participation and fostered a better understanding of nutrition's role in daily life. The coordinators' efforts ensured a well-organized and impactful event, contributing positively to health education.



Jabalpur, Madhya Pradesh, India
NH 45, Ganjipura, Jabalpur, Madhya Pradesh 482002, India
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16/04/2024 11:36 AM GMT+ 05:30
Note : Captured by GPS Map Camera



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Poster Competition on World Water Day Report

Date: 22nd March 2025

Time: 10:00 AM onwards

Venue: JINSAR Auditorium, Jabalpur

The Internal Quality Assurance Cell (IQAC) successfully organized a Poster Day Competition on the occasion of World Water Day with the theme "Glacier Preservation." This event aimed to spread awareness about water sustainability and the crucial role glaciers play in maintaining global water balance.

Highlights of the Event:

Creative and informative posters showcasing water preservation and sustainability

Thought-provoking messages on the importance of glacier conservation ❄️

Engaging participation from nursing students, emphasizing environmental responsibility ♀️

Discussions on global challenges related to water scarcity and conservation 🌍

The competition provided a platform for students to express their creativity while raising awareness about water accessibility, preservation, and sustainability. The event was successfully guidance by Dr. Sapna Das (Principal) and Dr. Princy shahji (Vice Principal) and coordinated by Mrs. Bhanu priya Rajak& Mrs. Ankita Das, with active participation from enthusiastic nursing students.





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Report on Health Model Exhibition

Organized by: Jabalpur Institute of Nursing Science and Research College

Conducted by: 4th Year B.Sc Nursing Students

Coordinators: Mrs. Bhanu Priya Rajak and Ms. Rishika Kothari

Venue: JINSAR

Date: 23/4/2025

The Jabalpur Institute of Nursing Science and Research College successfully organized a Health Model Exhibition under the guidance of Dr. Sapna Das (Principal) and Dr. Princy Shahji (Vice Principal) Coordinated by Mrs. Bhanu priya Rajak and Ms. Rishika Kothari. The exhibition was conducted by the 4th Year B.Sc Nursing students as part of their academic and practical learning experience. The event aimed to enhance student understanding of health concepts, promote creativity, and encourage effective health communication through visual and interactive learning.





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REPORT ON NATURE TOUCH HERBAL GARDEN .

Date: 8th April 2025

Time: 10:00 AM onwards

Venue: HERBAL GARDEN JNKVV Jabalpur

The Jabalpur Institute of Nursing Sciences & Research (JINSAR) successfully organized a Orientation Visit at Nature Touch Herbal Garden

The event aimed to educate the B.Sc (N) 1st year students about the traditional knowledge and promoting connection to nature and sustainable practices.

Highlights of the Event:

Informative Discussions – Brief discription about the medicinal plants was given by Dr. Jyoti & Dr. Sachin Nagar (Dept.of Plant physiology)

The Orientation visit provided an excellent platform for students to promote health by adapting the alternative system of medicine.

It was successfully conducted under the guidance of Dr. Sapna Das (Principal) and Dr. PrincyShahji (Vice Principal) and coordinated by Mr. Anoop Tiwari, Mrs. Ashie Simon & Ms. Arnica Joseph.





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REPORT ON HERBAL PLANT EXHIBITION

Venue: Jabalpur Institute of Nursing Science and Research

Date: 24th April 2025

Organized by: First-Year B.Sc Nursing Students

Guided by: Principal Dr. Sapna Das & Vice Principal Dr. Princey Shahji

Coordinated by: Mrs. Bhanu Priya Rajak & Ms. Rishika Kothari

On 24th April 2025, the Jabalpur Institute of Nursing Science and Research successfully organized a **Herbal Plant Exhibition** under the active participation of the First-Year B.Sc Nursing students. The event was conducted under the valuable guidance of **Principal Dr. Sapna Das** and **Vice Principal Dr. Princey Shahji**, and was smoothly coordinated by **Mrs. Bhanu Priya Rajak** and **Ms. Rishika Kothari**.

The exhibition aimed to create awareness about the importance and medicinal value of herbal plants in promoting health and preventing diseases. Students showcased a wide variety of herbal plants such as Tulsi, Aloe Vera, Neem, Giloy, and many more, explaining their uses and benefits in traditional and modern medicine.





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REPORT ON : "INTELLECTUAL PROPERTY RIGHTS "

Organized by: Jabalpur institute of nursing sciences & research college.

Date: 10th March 2025 | Time: 10:30 AM onwards

VENUE :JINSAR Auditorium

Awareness programme on Intellectual Property Rights (IPR) refer to the legal protections granted to individuals and businesses for their inventions, creative works, brand identities, and trade secrets. These rights encourage innovation by ensuring that creators can benefit from their work. This report explores the types of IPR, their importance, challenges, and global perspectives.

Distinguished Guests & Speakers were :

Prof. Sardul Singh Sandhu – Director of Design innovation center , Dept. of Biological sciences, Rani Durgawati University Jabalpur .

Shri Jayesh Rathore - Secretary of Vidya parishad , Jabalpur

Dr. Neelesh Pandey – Principal of Hitkarini Mahila Mahavidhalay Jabalpur.

Our guest has welcomed & falicitated by Dr.Sapna Das (Principal)& Dr. Neelesh Pandey as a token of our appreciation with a sapling

Highlights of the Session :

The speaker shared their expertise on IPR that refers to the legal protections granted to creators and businesses for their inventions, creative works, and brand identities.

Beneficiaries were :B.Sc Nursing students from Jabalpur Institute of Nursing Science and Research, has attended this awareness programme ! The host of this event was Ms.Rishika kothari.

The programme was organized under the guidance of Dr.Sapna Das (Principal) and Dr. Princeyshaji (Vice-principal)

The session concluded with an interactive discussion , followed by a heartfelt vote of thanks delivered by Dr. PrinceyShaji , (Vice -principal) .

“Creativity is the lifeblood of intellectual property, and intellectual property is the backbone of innovation.”

Thankyou !



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Group discussion

A group discussion was conducted at JINSAR by 4th students on 26 April 2025. The session aimed to enhance communication skills, critical thinking, and teamwork. Students actively participated, presenting diverse viewpoints and engaging in meaningful debates. The discussion was well-organized, with each member given equal opportunity to speak. Moderators ensured that the conversation remained respectful and focused. Participants demonstrated good listening skills, building on each other's ideas and providing constructive feedback. Overall, the group discussion helped students develop confidence, leadership qualities, and better understanding of the topic. It was a successful and enriching learning experience for all involved.





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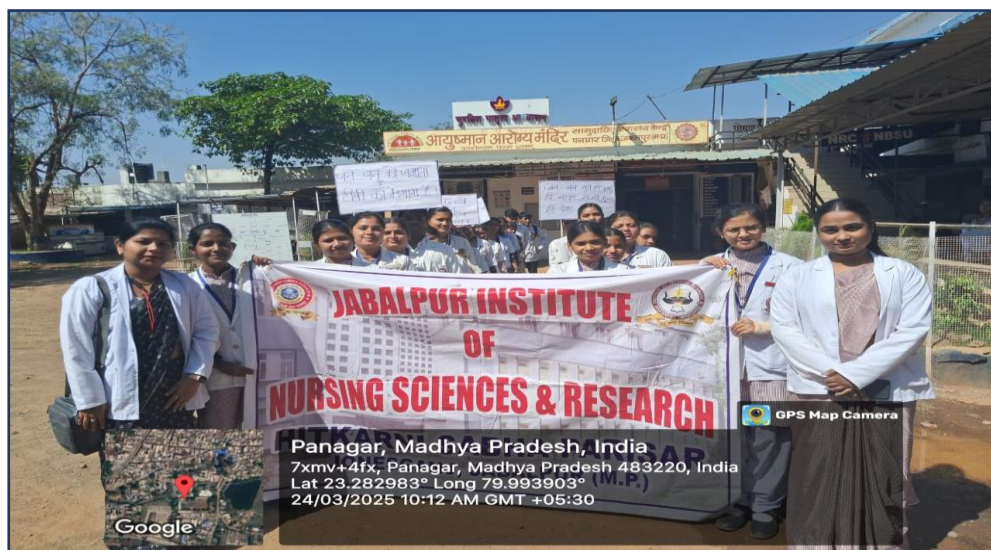
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ANALYTICAL SKILLS

The analytical skills of the students are improved by their involvement in various activities like Research Projects, Case Presentations and Bedside clinics by taking the History of the Patient, prioritizing their symptoms, setting goals, formulating nursing diagnosis, planning the nursing care and attaining the positive outcome of the patient in clinical and community

The Institution is associated with World Tuberculosis Day observed annually on 24th march, is a global initiative focused on raising awareness about tuberculosis and its impact on individuals, communities, and economics. The Institution has adopted five villages and through the Community Survey, the Students identify the Patients Problems and provide nursing care based on the concept of Primary Secondary and tertiary Prevention.





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RESEARCH DISSERTATION- SAMPLES

**"A STUDY TO ASSESS THE EFFECTIVENESS OF PLANNED
TEACHING PROGRAMME REGARDING PROTEIN ENERGY
MALNUTRITION OF UNDER FIVE CHILDREN AMONG
MOTHERS OF SELECTED AREAS OF JABALPUR CITY."**



**A PROJECT WORK
IS SUBMITTED AS A PRACTICAL REQUIREMENT FOR THE
DEGREE OF BACHELOR OF SCIENCE IN NURSING COURSE**

**SUBMITTED BY
MISS NIKI SINGH
MISS NAMIKA RAHANGDALE
MISS MEENA UIKEY**

**UNDER THE GUIDANCE OF
PROFESSOR MRS. SURBHI R KEHARI
H.O.D. OF CHILD HEALTH NURSING**

JABALPUR INSTITUTE OF NURSING SCIENCES AND RESEARCH

2020



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CERTIFICATE


This is to certify that this project entitled "A STUDY TO ASSESS THE EFFECTIVENESS OF PLANNED TEACHING PROGRAMME REGARDING PROTEIN ENERGY MALNUTRITION OF UNDER FIVE CHILDREN AMONG MOTHERS OF SELECTED AREAS OF JABALPUR CITY." is a bonafide research work done by: Miss Niki Singh, Miss Namika Rahangdale, Miss Meena Ukey It is Nursing students in a practical requirement for the degree of Bachelor of Science in Nursing course.


Research Guide,

Professor Mrs. Surbhi R. Kehri

H.O.D (Child Health Nursing)

J.I.N.S.A.R., Jabalpur (M.P.)


Principal and Research Coordinator

Dr. Professor Mrs. Sapna Das

H.O.D Mental Health Nursing

J.I.N.S.A.R., Jabalpur (M.P.)

Date: 05/01/2019

Place: Jabalpur



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NURSING CARE PLAN

BIO DATA OF THE PATIENT

Name of the Patient → Birmila Yadav

Age / Sex → 52 / Female

Address → Jabalpur, Madhya Pradesh

Religion → Hindu

Education → 12th Pass

Occupation → Farmer

DOA → 07/06/23

ward No / Bed No → ward 19 / 26

Medical diagnosis - Tuberculosis

Meaning of diagnosis - Tuberculosis is called TB is caused by bacterium called *microbacterium tuberculosis*. The bacteria usually attacks any part of lung, but TB bacteria can any part of the body such as the kidney, spine and brain.



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Assessment	Diagnosis	Goal	Intervention	Implement.	Rational	Evaluation
Subjective data- Patient complain that he feel chest pain	Chest pain related to inflammation process as evidence by with the patient.	To reduce the level of pain	→ To assess the level of pain → To provide comfortable position to the patient	→ Pain level is caused → comfortable position is provide	→ To check pain level → To provide comfortable position	After the following implementation condition improved to some extend
Objective data- In observe that patient is in pain			→ To provide diversional therapy to the patient.	→ Diversional therapy is provide	To provide therapy	



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JABALPUR INSTITUTE OF NURSING
SCIENCES AND RESEARCH

SUBJECT - CHILD HEALTH NURSING

CASE PRESENTATION ON -

SIMPLE FIBRILE SEIZURE

REMARK -

40
50

5/12/24

SUBMITTED TO
RESPECTED SIR
ABRAHAM CHARLES
(ASSISTANT LECTURER)

J.I.N.S.A.R.

DATE - 5/12/24

SUBMITTED BY
AKHILA KULESH
B.Sc NURSING
3rd YEAR

J.I.N.S.A.R.



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