

JABALPUR INSTITUTE OF NURSING SCIENCES & RESEARCH

Hitkarini Sabha Parisar, Opposite Victoria Hospital, Jonesganj, Jabalpur

★ Completed 25 Years of Excellence in Nursing Education ★



**INSTITUTION'S
INNOVATION
COUNCIL**
(Ministry of HRD Initiative)

IC202645343



ISO 9001:2015 CERTIFIED



RUN BY HITKARINI SABHA



"NAAC" ACCREDITED

NATIONAL VIRTUAL SHORT TERM COURSE

ON

**"TRANSFORMING PERSONAL AND PROFESSIONAL GROWTH THROUGH
SOFT SKILLS AND PERSONALITY DEVELOPMENT"**

4TH TO 9TH MAY, 2026

ORGANIZED BY

JABALPUR INSTITUTE OF NURSING SCIENCES & RESEARCH

KEY HIGHLIGHTS / SESSIONS

INTRODUCTION TO SOFT SKILLS & PERSONALITY DEVELOPMENT

COMMUNICATION AND INTERPERSONAL SKILLS

LEADERSHIP AND TEAMWORK SKILLS

STRESS MANAGEMENT AND MENTAL WELL-BEING

IMPORTANT DATES

COURSE DATES : 4 MAY TO 9 MAY 2026

TIME : 11:30 AM ONWARDS

LAST DATE FOR ENTRY : 3 MAY 2026

REGISTRATION & FEES

STUDENTS (ALL DISCIPLINE): 300₹

FACULTY (ALL DISCIPLINE): 400₹

**NOTE: E-CERTIFICATES WILL BE PROVIDED
TO ALL PARTICIPANTS**

CONTACT DETAILES FOR REGISTRATION

9753218998, 9692118019, 7869551404

0761-4129824



REGISTER NOW

**SCAN THE QR CODE OR CLICK THE LINK IN
THE DESCRIPTION TO REGISTER**



Jinsar@hitkarini.edu.in



www.hinsar.hitkarini.com



0761-4129824, 8319198747

JABALPUR INSTITUTE OF NURSING SCIENCES & RESEARCH

Hitkarini Sabha Parisar, Opposite Victoria Hospital, Jonesganj, Jabalpur

★ Completed 25 Years of Excellence in Nursing Education ★



NATIONAL VIRTUAL SHORT TERM COURSE

ON

“TRANSFORMING PERSONAL AND PROFESSIONAL GROWTH THROUGH SOFT SKILLS AND PERSONALITY DEVELOPMENT”

ORGANIZED BY

JABALPUR INSTITUTE OF NURSING SCIENCES & RESEARCH

PROGRAM SCHEDULE

S. NO.	DATE / TIME	COURSE CONTENT	RESOURCE PERSON
1	04/05/2026 11:30 AM	SESSION-I INTRODUCTION TO SOFT SKILLS AND PERSONALITY DEVELOPMENT	MS. BHARATI KHARSHIKAR FACILITATIVE TRAINER, SOFT SKILL TRAINER PSYCHOMETRIC ANALYST & COUNSELLOR, PUNE
2	05/05/2026 11:30 AM	SESSION-II LEADERSHIP SKILLS	PROF. DR. PRINCEY SHAJI PRINCIPAL, SOFT SKILL TRAINER JABALPUR INSTITUTE OF NURSING SCIENCES AND RESEARCH, JABALPUR (M.P.)
3	06/05/2026 11:30 AM	SESSION - III COMMUNICATION & INTERPERSONAL SKILLS FOR EFFECTIVE TEAMWORK	MS. SHANTHI ANAND SOFT SKILL TRAINER MINDSET TRANSFORMATION COACH, CORPORATE TRAINER, NLP COACH, MUMBAI (MH)
4	07/05/2026 11:30 AM	SESSION - IV TEAM BUILDING	PROF. DR. SENTHIL .T MAHARISHI MARKANDESHWAR COLLEGE OF NURSING MAHARISHI MARKANDESHWAR (DEEMED TO BE UNIVERSITY) NAAC ACCREDITED WITH GRADE 'A++', HARYANA
5	07/05/2026 2:30 PM	SESSION - V SELF AWARENESS AND PERSONAL GROWTH	DR. REENA MATHEW ASSOCIATE PROFESSOR, SOFT SKILL TRAINER JABALPUR INSTITUTE OF NURSING SCIENCES AND RESEARCH, JABALPUR (M.P.)
6	08/05/2026 11:30 AM	SESSION - VI STRESS MANAGEMENT AND MENTAL WELL- BEING	MS. MALABIKA GHOSH DASTIDAR PSYCHOTHERAPIST & COUNSELLOR, MENTAL HEALTH PROMOTER, MINDFULNESS MEDITATION TEACHER, SOFT SKILL MASTER & TRAINER LIFE COACH, HEALTHY MIND STUDIO, NAVI MUMBAI (MH)
7	09/05/2026 11:30 AM	SESSION - VII INTERVIEW SKILLS AND CAREER READINESS	DR. JYOTSANA KAMBLE HR MANAGER, SOFT SKILL TRAINER THE GRANT MEDICAL FOUNDATION RUBY HALL CLINIC, HINJEWADI, PUNE



0761:4129824



9753218998, 9692118019, 7869551404



Jinsar@hitkarini.edu.in



www.hinsar.hitkarini.com



0761-4129824, 8319198747